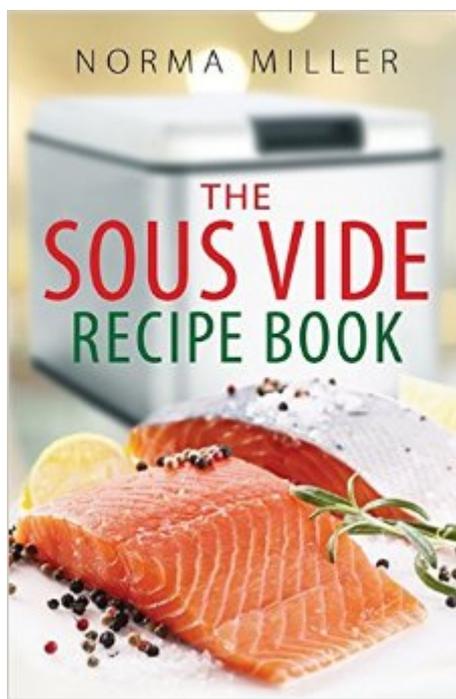


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# Sous Vide Recipe Book



## Synopsis

Sous vide is a method of cooking food in vacuum-sealed pouches in a water bath at an accurately determined temperature. This enables the food to be cooked evenly, retaining the juices and aromas which are often lost by traditional cooking methods. Meat, in particular, becomes tender and succulent when cooked in a sous vide. Professional chefs such as Heston Blumenthal have favoured this form of cooking for some time and featured it on their TV shows. Now manufacturers are making water baths available at affordable prices for cooking at home so that all of us can benefit from this new method of cooking.

## Book Information

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## Customer Reviews

Never received this book.

These are wonderful recipes for all of your carnivores.....I am 99.9% vegan.....now I'm looking for a recipe book by a chef who is utilizing mason jars in the sous vide supreme machine.....I don't want to use plastics at all.....but, I know someone will research this and develop the method.This is a terrific book....I now know that for all of my carnivorous friends, I can cook meat to perfection.....

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Cooking) Nutribullet Recipe Book: The New Nutribullet Recipe Book with Fat Burning Smoothies for Weight Loss, Energy and Good Health - Works with Nutribullet and Other Personal Blenders (Volume 1) Blank Cookbook Recipes & Notes: Recipe Journal, Recipe Book, Cooking Gifts (Floral) (Cooking Gifts Series) Homemade Pasta Dough: How to make pasta dough for the best pasta dough recipe including pasta dough for ravioli and other fresh pasta dough recipe ideas McCall's Cooking School Recipe Card: Meat 15 - Beef Brisket With Browned Potatoes (Replacement McCall's Recipage or Recipe Card For 3-Ring Binders) Sous Chef: 24 Hours on the Line The Perfect Afternoon Tea Recipe Book: More than 160 classic recipes for sandwiches, pretty cakes and bakes, biscuits, bars, pastries, cupcakes, ... and glorious gateaux, with 650 photographs Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More! Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health PAIRED - Champagne & Sparkling Wines. The food and wine matching recipe book for everyone. The Irish Pocket Potato Recipe Book The Spiralizer Recipe Book: From Apple Coleslaw to Zucchini Pad Thai, 150 Healthy and Delicious Recipes Spiralizer Recipe Book: Spiralizer Recipes for Weight Loss, Anti-Aging, Anti-Inflammatory & So Much More! (Recipes for a Healthy Life) (Volume 2) The Donut Cookbook: A Baked Donut Recipe Book with Easy and Delicious Donuts that your Family and Kids Will Love Quick and Easy Dump Cakes and More. Dessert Recipe Book by Cathy Mitchell The Gourmet Cookie Book: The Single Best Recipe from Each Year 1941-2009 Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy a

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